

Amelia Bird, MA, LMFT

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CA MFT License #104518

OR MFT License #T2098

PROFESSIONAL DISCLOSURE STATEMENT

Philosophy and Approach:

I am a counselor and psychotherapist with a passion for working with children, adolescents, and adults. I work with individuals 8 years old to older adulthood, and find joy in working through the developmental stages of life at any age. I employ a client-centered, cultural-relational approach that is collaborative, compassionate, and trauma-informed. I have experience in communication skills training, mindfulness, and art therapy and use these tools with clients of all ages.

Education and Training:

I have a master's degree in counseling psychology from Saint Mary's College of California and a CA state license in Marriage and Family Therapy. Major coursework included development throughout the lifespan, counseling communication skills, cultural considerations in therapy, legal and ethical requirements, group and family therapy, and more. I completed a year-long training in children's mental health with the Center for the Vulnerable Child at the Children's Hospital of Oakland. I also hold a credential in school counseling and served as a mental health provider and counselor in a number of districts in the East Bay Area, including all grade levels. I also enjoy teaching and was a counseling-skills trainer and adjunct faculty member in the graduate counseling department at Saint Mary's College.

As a licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in ongoing continuing education in subjects relevant to my profession.

My fee is \$140 per 50-minute session, and I offer a sliding scale as needed.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse;

- 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies;
- 4) Providing information concerning licensee case consultation or supervision;
- and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email:lpct.board@oregon.gov Website: www.oregon.gov/OBLPCT

For additional information about this counselor or therapist, consult the Board's website.